



INTERFAITH SCRIPTURAL REFERENCES ON RESILIENCE

Buddhist

“Chaos is inherent in all compounded things. Strive on with diligence.”

- Buddha

Christian

“We are troubled on every side, yet not distressed; we are perplexed, but not in despair.”

- Gospel, 2 Corinthians 4:8-9

Hindu

“In the dark night of all beings awakes to Light the tranquil man. But what is day to other beings is night for the sage who sees.”

- Bhagavad Gita 2.69

Jewish

“For man is a tree of the field.”

- Torah, Deuteronomy 20:19

Muslim

“Endure patiently, with a beautiful patience.”

- Qur’an, Surah 7:5

Sikh

“Humility is the word, forgiveness is the virtue and sweet speech is the magic mantra.”

- Guru Granth Sahib