Adults Need Vaccinations Too!

What is Shingles?
Shingles is a painful rash caused by the varicella zoster virus. Everyone can get it, but the risk and likely complications increase with age.

What is the vaccine?
Two doses of the Shingrix vaccine are recommended by the CDC for all adults aged 50 and older. The vaccine is 90 percent effective.

Get it Today
If you have insurance, including Medicare, get your vaccine at your local provider or pharmacy. For those without insurance, contact your local Department of Health.
https://www.vdh.virginia.gov/local-health-districts/

In 2019, White adults were almost twice as likely as Black and Hispanic adults to receive shingles vaccinations.